

Come and Eat

Description

[RG240610](#)

My sister-in-law believes that having the family together around the dinner table is important. She makes sure they eat together regularly. Her family has several traditional holiday meals that they will not miss.

What is so important about sharing a meal? It is a time when people are usually more relaxed and conversation flows freely. It was a key part of the Early Church.

Why did Jesus choose to reveal himself as they were sitting together and bread was shared? I think it was for the same reasons. The dinner table unites people. Bread is basic to life. It was a clear reminder of what Jesus had taught the disciples while He lived among them. • I am the bread of life •

It is a great reminder for us today. Jesus is a necessity for life. Without His salvation, we do not know real life. With Him, we have everything we need for life.

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