

## Time for a Spiritual Exam

### Description

[RG AUDIO 022112](#) Psalm 139:13-24

It came in yesterday's mail, from my dentist, "Reminder: You are due for your six-month cleaning." I wish my family physician would do something similar.

Christ is the Great Physician. And it stands to reason that if our physical bodies need a check-up once in a while, our spiritual lives also need an examination. If you haven't had a thorough spiritual exam recently with the Great Physician, it's time for an appointment.

We're told in Psalm 139 how to make the appointment. We're to pray: "Oh, Great Physician, search me. Shine your heavenly magnifying glass on every part of my life—inside and out. Examine my motives, my feelings, my relationships, my thought life, my conversations, what I do in my spare time, how I dress, how I treat people, my actions and reactions—everything. And if you find something that's not right, please bring it to my attention. Make me aware, and I'll commit it to you."

### Date Created

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