

## Mouth Mastery

### Description

[RG AUDIO 110512](#)

James 3:1-6

When you go in for a check-up, the doctor will often ask you to stick out your tongue. It is interesting that the doctor uses your tongue to evaluate your physical health. Did you know God does the same thing spiritually? You can learn a lot about a person from their tongue. James teaches that self-control and spiritual maturity can actually be confirmed by tongue control.

We get ourselves into so much trouble by the words that we speak. Your tongue has the potential to be a powerful force for good or for evil, so watch what you say. We should say things to build up other people. My mother was right when she said, "If you can't say anything nice, it is best to keep our mouth shut." That's a mark of maturity.

A mature person manages his mouth. It doesn't matter how long you've been a Christian; if you can't master your mouth, you've missed the point. The Bible tells us to "Speak the truth in love." That means I must speak with the right attitude, at the right time, in the right place, and with the right motive. A mature person has learned to master his mouth.

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