

## Step One, Admit

### Description

[RG AUDIO 011116](#)

Mark 2:13-22

The 12 steps of Alcoholics Anonymous have been an effective recovery aid since they were first introduced in 1939. First among the steps is admitting a need and personal powerlessness to overcome regardless of discipline, ability, or strength. In fact, it is weakness and acknowledgement of absolute inability that leads to reliance on a power beyond self and becomes the foundation for recovery.

Jesus mingled with sinners who recognized their condition and were well aware of their weakness and need. With no illusions of righteousness or merit of their own, many responded to the call of Jesus and allowed His transforming work in their hearts and lives. On the other hand, others believed themselves to be righteous by virtue of their own actions. Unwilling to admit personal need, they continued in denial, remaining unreachable and unchanged.

When we reach the end of ourselves, admitting our sinfulness and need of a Savior is step 1. Step 2 is grabbing hold of His nail-scarred hands.

Author: Gary Shank

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