

Honor Parents

Description

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Deuteronomy 5:1-16

Danielle's husband is a very disciplined person. His resolve is like a light switch—a big heavy light switch that takes a lot of effort to turn off or on. Once he has thought through something and made up his mind about it, the switch is flipped.

A few years back, he flipped the switch on his health. They had recently become parents when he decided that he owed it to himself and his daughter to be healthy so that he could be around longer. Something else, at about the same time, had a profound impact on him: his father had just undergone heart surgery and was not only recovering well, but making a lot of changes in his life. He was walking every day, eating well, and taking care of himself. Soon her husband started to do the same.

This isn't just a story about a father's good example for his son. It's also a story about a son's response to that example. My husband honored his father by his actions in seeking to follow his good example, and it has benefited not only them, but the rest of the family as well.

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