

Proclaim The Victory To Others

Description

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Luke 8:27-39

There is something about the spiritual discipline of gratitude that changes my heart and my mind. It must be a daily exercise to be thankful because I easily take for granted the elements that I assume should be mine: The intake of oxygen, the clatter of people, the food that appears on the table, the embrace of another human, the beautiful chaos of sights, sounds, smells, and tastes, the presence of the animal kingdom in its diversity and in its comforting companionship. In all this wealth of the created order, there is the testimony of the victory of life over death. That is no small thing to be thankful for, when one stops to consider it.

Jesus heals a man and then instructs him to return home and tell everyone what God has done for him. Take a moment today to really invite an attitude of gratitude into your life. Take stock of the blessings and leave nothing unsaid. Then go and tell this wonderful news of the extravagance of Christ's gifts in your life.

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