

## Keep Running

### Description

[RG AUDIO 110721](#)

Hebrews 11:32-12:3

I was never a running aficionado. That is until about three years ago, when I realized my metabolism was slowing down and I needed something to keep my body in decent shape.

Just months into it, one thing became evident: this running thing required perseverance.

That's exactly what the writer of Hebrews is trying to hammer into us. As he goes through a long list of heroes of the faith and of the immense challenges they faced in life, he reminds us that the Christian life requires perseverance. It's always been like this. It will always be this way.

Therefore, we are invited to look at the faithful example of those who went before us and, of course, at the example of this race's undefeated and undisputed champion: Jesus Christ. If we fix our eyes on Him, we will overcome weariness and we'll get to the end of the race.

It's normal to be weary during a race. It's normal to feel weary in our Christian life. Remember: perseverance and grace will get you through.

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